



The LIN Institute

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Memorandum

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Date: 11/29/2010

TO: Our Valued Customers.

FROM: Newman K. Lin, Ph.D., PE.

SUBJECT: Suggested uses of our products, *including the CD-ROM book*

MESSAGE: Thank You for your choice of our products.

Warning – Excessive (Over-) Ejaculation or excessive sex (orgasm) can exhaust the hypothalamus-pituitary-adrenal and –testicular (or –ovarian) functions. **Sex overdosing is an extremely destructive self-destruction leading to the brain and nervous disorders.**

Digestive Improvement: *If you don't have a good digestive system, black pepper extract (or Bioperine), Papaya enzyme (Papain), banana, pineapple enzyme (Bromelain) and citrus juices can give you a hand.*

Special Advice: Our 5-HTP contains a high dose of Niacin (Vitamin B-3) for burning bad cholesterol, for promoting prostaglandin D2 release to dilate capillaries, and for increasing serotonin synthesis. A high dose of B-3 may produce skin flashing and redness for about 30-60 minutes. Don't take 5-HTP with ViaGrowth-IV in empty stomach since ViaGrowth-IV contains a low dose B-3. If you encounter the side effects of B-3, take extra 81 mg baby Aspirin or white willow bark extract containing about 81 mg Salicin once a day.

Please start from a low dose of our products. The best time to take the products is about 1-2 hours after meal when your stomach is semi-full, although taking them in empty stomach is more effective if your stomach won't get upset.

Here, suggested Uses of the products are outlined in the following:

1. Heat (Orgasmic) Tea (revised on 5/20/2007) – 2-oz Energia tea and 1-oz Fibra tea, plus PeniSOS and ViaGrowth-III. Mix one dropper of each tea component into 8-oz water or juice (orange juice) ; have it once in the morning. Take 1 PeniSOS at noon, 1 ViaGrowth-III + 1 full dropper Energia after dinner (for a sexually exhausted person, take 1 PeniSOS + 1 ViaGrowth-III at noon and in the dinner time.) Add extra dose of Energia tea and Fibra tea 30-60 minutes before sex.

Don't mix FIBRA with alcohol or Don't take ViaGrowth-III/PeniSOS with alcohol although you can have a cup of red wine 2-3 hours before or after taking the products. Fibra and ViaGrowth-III are not for people with high blood pressure or unstable cardio conditions.

2. PeniSOS - for men and women.

PeniSOS is a well-balanced, pro-testosterone food supplement for men and women. Women can take one or two tablets of PeniSOS every day. Men should take two or more tablets a day. *Fibra or Energia goes with the individual purchase of this package. Fibra is a sexual power stimulant.*

Mix 20-30 drops of Fibra (or Energia) with a cup of water and drink it with peniSOS.

Ginseng 4X+, Folic Acid, B-12, C and E can enhance its effectiveness.

Taking Folic Acid and B-12 are highly recommended.

3. 5-HTP (extract from Natural Griffonia Bean): 5-HTP is the precursor to serotonin, the neurotransmitter for mood, the stress and anxiety buster, and the inhibitor of the dopamine-epinephrine (adrenalin, the stress hormone) conversion. The suggested dosage for erection/engorgement promotion or stress/anxiety control is pill/50 mg once or twice a day after meal; for ejaculation control, take an additional dose (1-2 extra pills) 30-60 minutes prior to sex. For headaches or PMS pains, take 1 pill 3 or 4 times a day with foods. **Warning: Overdosing the body with 5-HTP in one shot will make you feel drowsy or sleepy.**

4. LastLonger – MoodMax + Ginseng 4X+

Take MoodMax one tablet twice a day – one in the morning and another one in the evening. Mix one or two full droppers of Ginseng 4X+ into 8-oz water or juice and Drink it in the morning. For sexual performance enhancements, take 2 MoodMax pills with Ginseng 4X+ 30-60 minutes before sex.

5. Endura –

Take 1 tab of ViaGrowth-III in the morning and another one in the evening.

Mix One dropper of FIBRA and One dropper of Ginseng 4X+ into 8-oz water or juice, and have it once a day, or 2-3 times a day for sex.

Note: If you have sleeping disorder, take ViaGrowth-III in the morning and at noon. For prolonging intercourse, Take ViaGrowth-III and ArgiNOx with Fibra Tea and Ginseng 4X+ 30-60 minutes prior to sexual encounter.

6. LoveLonger – ViaDopa(also known as ViaGrowth-I) + PinealTonin

Take ViaDopa (ViaGrowth-I) and PinealTonin one tablet/capsule three times a day – in the morning, at noon or/and in the evening. For sexual performance enhancement, take 2 or 3 ViaDopa and 2 PinealTonin in one shot with orange juice 30-60 minutes before sex.

7. ViaGrowth-I (also known as ViaDopa): Instructions are given on the label (take 1 tablet three times a day - – in the morning, at noon or/and in the evening. For sexual performance enhancement, take 2 or 3 ViaDopa with orange juice 30-60 minutes before sex.

8. ViaGrowth-II: Instructions are given on the label (take 1 tablet twice a day) ; young people (25 or younger) should take no more than 2 tablets a day, although they can take 3 tablets!.

Mix 1 dropper of Fibra or Energia water or juice and have it once or twice a day. You can have the Fibra (or Energia) tea 2-4 times a day if you prepare for sex. **Reduce the dosage if possible.**

9. ViaGrowth-III : Instructions are given on the label (1 tablet twice a day); young people (25 or younger) should take no more than two tablets a day although they can have 2 or 3 tablets a day for preventing sexual exhaustion.

Mix 1 full dropper of Fibra or Energia into 8-oz (or about a coffee cup volume) water or juice and have it once or twice a day. You can have extra dose of Fibra or Energia and ViaGrowth-III 30-60 minutes before sex.

Reduce the dosage if possible. Ginseng 4X+ and ArgiNOx can enhance their effectiveness.

10. ViaGrowth-IV : Instructions are given on the label (2 tablets a day); young people (25 or younger) should take no more than one tablet a day (1/2 tablet a day recommended).

Mix 1 full dropper of Fibra or Energia in 8-oz (or about a coffee-cup volume) water or juice and have it once or twice a day. You can have the Fibra (or Energia) tea 2-4 times a day if you prepare for sex. **Reduce the dosage if possible.**

11. ViaPal-hGH-X: Take 1 tablet of ViaGrowth-IV and PeniSOS each once or twice a day - one in the morning or/and evening (or prior to going to bed or having sex). You can take ViaGrowth-IV and PeniSOS together. Mix 1 full dropper of Ginseng 4X+ and Energia each into 8-oz water or juice and have it once or twice a day, one in the morning or/and evening. **Don't drink Ginseng tea prior to going to bed unless you want to have sex. Reduce the ViaGrowth-IV dosage if possible.** Taking these products in an empty stomach is more effective if they won't upset your digestive system. **My recommendation: You should start it with the lowest dosage and take it everyday.**

12. ViaPal-hGH-P(not for heart or high-blood-pressure patients): The heaviest dosage is to take 1 tablet of MoodMax and DopaFibra each in the morning, 1 tablet of ViaGrowth-IV at noon, 1 tablet of MoodMax and DopaFibra each in the evening (dinner time) again, 1 tablet of ViaGrowth-IV in 30-60 minutes prior to having sex or going to bed. This dosage is preferred for senior men and women or exhausted men. The lowest dosage is to take 1 tablet of MoodMax in the morning, 1 tablet of DopaFibra in the evening, and 1 tablet of ViaGrowth-IV 30-60 minutes prior to going to bed. This dosage may be good enough for men and women of

age 30-50. If you take this dosage, you can add extra tablet of MoodMax 30-60 minutes prior to sex in order to enhance your performance. Taking these products in an empty stomach is more effective if they won't upset your digestive system. **My recommendation: You should start it with the lowest dosage and take it every day.**

13. ViaPal-hGH-C : The heaviest dosage is to take 1 tablet of MoodMax in the morning, 1 tablet of DopaFibra and 1 capsule of 5-HTP at noon (after meal), 1 tablet of MoodMax and DopaFibra each in the evening (dinner time), and 1 capsule of 5-HTP bedtime (with couple pieces of cookies). The lowest dosage is to take 1 tablet of MoodMax in the morning, 1 tablet of 5-HTP at noon, and 1 tablet of DopaFibra after dinner. If DopaFibra interferes your sleeping, take it at noon after meal and move 5-HTP to the dinner time (after meal). If your stomach is full or semi-full, you try one MoodMax, DopaFibra and 5-HTP together 1 –2 hours prior to sex to enhance your sexual performance. Don't take all of them together in an empty stomach; Or you may experience skin flashing for 30 minutes due to the burning of bad cholesterol into hormones by Niacin (Vitamin B-3) in 5-HTP or/and DopaFibra.

14. ViaPal-hGH-D: Take 1 tablet of ViaGrowth-IV once or twice a day - in the morning or/and evening (or prior to going to bed or having sex). Mix 1 full dropper of Ginseng 4X+ and Fibra each into 8-oz water or juice and have it once or twice a day - one in the morning or/and evening. You should add another dose of Fibra + Ginseng 4X+ tea 30-60 minutes prior to having sex. **Don't drink Ginseng tea prior to going to bed unless you want to have sex. Reduce the ViaGrowth-IV dosage or/and Fibra and Ginseng Tea times if possible.** Reduce the ViaGrowth-IV dosage to 1 tablet a day and the Ginseng+ Fibra tea to once a day, preferring in the evening time, when the health condition improves. **My recommendation: You should start it with the lowest dosage and take it every day.**

15. ViaPal-hGH-S: The heaviest dosage is to take 1 tablet of MoodMax in the morning and evening, 1 tablet of ViaGrowth-IV at noon and 30-60 minutes prior to having sex or going to bed, and 1 tablet of DeToxiA twice a day after having a meal. Taking MoodMax or ViaGrowth-IV in empty stomach will produce more effective results if your digestive system doesn't get upset. **DeToxia should always be taken right after having a meal or a snack, but not in empty stomach.** This dosage is preferred for senior men and women or exhausted men. The lowest dosage is to take 1 tablet of MoodMax in the morning, 1 tablet of DeToxiA after having a meal, and 1 tablet of ViaGrowth-IV in the evening or 30-60 minutes prior to going to bed. This dosage may be good enough for men and women of age 30-50. If you take this dosage, you can add an extra tablet of ViaGrowth-IV 30-60 minutes prior to sex in order to enhance your performance. **My recommendation: You should start it with the lowest dosage and take it every day.**

16. ViaPal-hGH-M: The heaviest dosage is to take 1 tablet ViaGrowth-IV in the morning, 1 tablet of MoodMax and 5-HTP at noon (Warning: if 5-HTP causes your drowsiness, take 5-HTP around the bedtime only!) , 1 tablet of MoodMax in the evening (dinner time), and 1 tablet of ViaGrowth-IV and 5-HTP each in 30-60 minutes prior to having sex or going to bed. The lowest dosage is to take 1 tablet of MoodMax in the morning, 1 tablet of ViaGrowth-IV (or 5-HTP if it won't cause your drowsiness) at noon, and 1 tablet of 5-HTP (ViaGrowth-IV) in the evening. This dosage may be good enough for men and women of age 30-50. If you take this dosage, you can add extra tablet of ViaGrowth-IV or MoodMax 30-60 minutes prior to sex in order to enhance your performance. Taking these products in an empty stomach is more effective if they won't upset your digestive system. **My recommendation: You should start it with the lowest dosage.**

17. ViaPal-hGH-J: The heaviest dosage is to take 1 tablet of MoodMax and DopaFibra each in the morning, 1 tablet of ViaGrowth-III at noon, 1 tablet of MoodMax and DopaFibra each in the evening (dinner time) again, 1 tablet of ViaGrowth-III in 30-60 minutes prior to having sex or going to bed. This dosage is preferred for 30's men and women or exhausted men. The lowest dosage is to take 1 tablet of MoodMax in the morning, 1 tablet of DopaFibra in the evening, and 1 tablet of ViaGrowth-III 30-60 minutes prior to going to bed. This dosage may be good enough for men and women of age 20-30. If you take this dosage, you can add extra tablet of MoodMax 30-60 minutes prior to sex in order to enhance your performance. Taking these products in an empty stomach is more effective if they won't upset your digestive system. **My recommendation: You should start it with the lowest dosage.**

18. ViaPal-hGH-E: The heaviest dosage is to take 1 tablet ViaGrowth-IV in the morning, 1 tablet of MoodMax and PinealTonin at noon, 1 tablet of MoodMax in the evening (dinner time), and 1 tablet of ViaGrowth-IV and PinealTonin each in 30-60 minutes prior to having sex or going to bed. The lowest dosage is to take 1 tablet of MoodMax in the morning, 1 capsule of PinealTonin (and 1 tablet of ViaGrowth-IV if you want) at noon, and 1 tablet of ViaGrowth-IV in the evening. It is OK to take extra PinealTonin before going to bed. This dosage may be good enough for men and women of age 30-50. If you take this dosage, you can add extra tablet of ViaGrowth-IV or MoodMax 30-60 minutes prior to sex in order to enhance your performance. Taking these products in an empty stomach is more effective if they won't upset your digestive system. **My recommendation: You should start it with the lowest dosage.**

19. MoodMax: Take one tablet twice a day – one in the morning and another one in the evening; take extra twice pills 30-60 minutes prior to sex for performance enhancement.

20. VIP Cream: Apply ½-1 teaspoon or 2.5-5.0 cc to the penis or clitoris/vagina. Then, massage the sex organs or have sex with **slow/screwing motions** to allow ingredients to penetrating the tissues. VIP Cream is water-based and thick. Generally, water-based creams can be dried up easily in the air. Add distilled water if it becomes too thick, or Moisturize your skin with water if it become to dry.

21. DopaFibra: Young people take 1 tablet a day, preferring in the evening or **1 or 2 hours** prior to sex; Middle agers and seniors take 1 tablet twice a day, one in the morning and another in the evening or extra one **30-60 minutes** prior to SEX. **If you have a blood pressure or heart condition, please don't take more 1 pill a day.**

22. DeToxiA: Take 1 tablet twice a day, one in the morning and another in the evening.

23. PinealTonin: Take 1 PinealTonin 2 or 3 times a day to boost serotonin and GABA nervous function. If PinealTonin causes drowsiness, limit 1 tablet a day and take it before going to bed; or take it with DopaFibra, ViaGrowth-III, or ViaGrowth-IV to prevent drowsiness.

24. ArgiNOx(new Nitric Oxide & Oxytocin booster): Take 1 tablet in an empty stomach 2 or 3 times a a day. Don't take this product if you have herpes.

25. ViaPal-hGH-N (= ViaGrowth-IV/MoodMax/ArgiNOx): With a low dose, take 1 MoodMax + ArgiNOx in the morning and 1 ViaGrowth-IV (+ 1 more ArgiNOx if you want) before diner; With a high dose, take 1 MoodMax + ArgiNOx in the morning, 1 ViaGrowth-IV (= one more ArgiNOx) before lunch, 1 MoodMax + ArgiNOx before dinner, and 1 ViaGrowth-IV before going to bed.

26. ViaPal-hGH-O (= ViaGrowth-IV/DopaFibra/ArgiNOx): With a low dose, take 1 DopaFibra + ArgiNOx in the morning and 1 ViaGrowth-IV (+ 1 more ArgiNOx if you want) before diner; With a high dose, take 1 DopaFibra + ArgiNOx in the morning, 1 ViaGrowth-IV (= one more ArgiNOx) before lunch, 1 DopaFibra + ArgiNOx before dinner, and 1 ViaGrowth-IV before going to bed.

28. ViaPal-hGH-A (= ArgiNOx/ViaDopa/PinealTonin): Low dose: take ViaDopa + ArgiNOx + PinealTonin before breakfast and dinner. High dose: take ViaDopa + ArgiNOx + PinealTonin before breakfast, dinner and going to bed. **You can start and stay with a high dose of this package.**

29. ViaGrowth-IV + ViaDopa (1-005V): Suggestive use for men and women between 35-50: take 1 ViaGrowth-IV + 1 ViaDopa twice a day; Suggestive use for men and women between 50-70: take 1 ViaGrowth-IV + 1 ViaDopa 3 times a day.

30. ViaPal-hGH-V (= ArgiNox / ViaDopa / ViaGrowth-IV): Suggestive use: for men and women between 35-50, take 1 ViaGrowth-IV + 1 ViaDopa + ArgiNOx twice a day ; for men and women between 50-70: take 1 ViaGrowth-IV + 1 ViaDopa + ArgiNOx 3 times a day.

Access of the CD-ROM ebook [Resonant Excitation Of Sexual Orgasms - Tao Of Love Coupling](#)" by your PC:

1. Please insert the CD-ROM into your PC's CD-ROM drive upon the PC is booting.
or
2. If your PC is running the Microsoft Windows operation system, please click the CD-ROM drive (in the Windows95/98's "My Computer" or the internet browser's "File" command) several times, with a minute apart, after you load the CD-ROM into the drive. Your PC will realize the existence of the CD_ROM after you click the drive 2-4 times.

How-to-Start Instructions:

1. Click "File" Command in your Internet Browser.
2. Select "Open", "Open File", or "Open Page".
3. Browse Your CD-ROM Drive.
4. Select file name "table.htm".
5. Open file "table.htm" into your web browser to start.....

Two Examples:

1. Flock, or FireFox
2. **MS Internet Explorer– Any version of this browser is preferred.**

The procedures to open file "table.htm" with the other browsers or the late version ones are very similar.

Other way to start the CD_ROM is to click "My Computer" of the *Windows 95/98/ME/2000/XP's Desktop*, the *CD-ROM driver*, and then finally the file "table.htm" or any files with a .htm extension.